

**Need medical care?**

Including dental and/or mental



**Crusader Community Health**  
815-490-1600  
crusaderhealth.org

**Is your child being hurt or harmed?**

800-25-ABUSE

Are you or another adult being hurt by someone?

**Remedies:** 815-962-6102  
remediesrenewinglives.org



**Need childcare?**

Do you need help finding or paying for childcare?



**YWCA Northwestern Illinois**  
815-484-9448  
ywcawil.org/child-care-solutions/

Do you need childcare due to a crisis?

**Motherhouse Crisis Nursery**

815-962-4858  
childrenshomeandaid.org/parenting/crisis-nursery/  
motherhouse-crisis-nursery/

**Are you worried your child isn't walking and talking on time?**

Developmental Screening (ages 0-5)

**Rockford Public Schools 205**

815-229-2103

rps205.com/departments/Pages/Early-Childhood.aspx

Referrals for developmental concerns in children under 3: **Child and Family Connections**

815-654-6170  
accessni.com/child-and-family-connections/



**Is your child 3-5 years old?**

**Enroll your child in FREE preschool**

**Rockford Public Schools / City of Rockford Head Start**

815-229-2103

rps205.com/departments/Pages/Early-Childhood.aspx



**Curious about home visits to support you and your infant or toddler?**



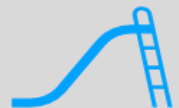
**igrow - Rockford**  
815-720-4000  
http://www.igrowrockford.org/

**Are you looking for enrichment activities?** Like camps, sports, and family fun

**YMCA of Rock River Valley**

815-489-1252

alignmentrockford.com/enrichment



**Need food?**

Special Supplemental Nutrition Program for Women, Infants and Children (WIC)



**Winnebago County Health Dept**  
815-720-4000

All other food needs?  
alignmentrockford.com/food

**Need housing?**

**City of Rockford Human Services: Community Action**

844-710-6919 ext 5

rockriverhomelesscoalition.com



**Need transportation?**



**Rockford Mass Transit District**  
815-961-9000  
rmttd.org

**Need education/training for a job?**

**The Workforce Connection**

815-847-7574

theworkforceconnection.org



**Something else?** 2-1-1 for United Way Helpline -OR- One Body Collaboratives: 815-282-4384

Not getting the help you need? Call Alignment Rockford at: 779-774-4389 during regular business hours