



# talk2me

baby talk is smart talk

Talking. Playing. Cuddling. Encouraging.

These are the keys to having a wonderful, loving relationship with your baby, and giving her the best chance at being successful in life. It's also how you can become that special parent who gets to hear people say what a wonderful child you have!

The attention you give your baby now will last a lifetime.

## talk to me

Talk to me about anything you want. How happy you are. Shopping. Football. Anything! Just talk to me and share your thoughts. Listening to you is how I learn to communicate. I love it when you talk to me!



## play with me

Come on! Get down to my level. Get close. You can be as silly as you want. I don't care. I just want to have some fun - and when you play with me, I know I'm safe. It makes me feel warm inside. Come on! Let's play!

## cuddle me

We are made to be together. Really together. The best way to let me know how much you care is to hold me close - as much as you can. The more we cuddle, the better we both will feel. Please hold me close. Lots!



## encourage me

You know how it feels when somebody tells you that you did a good job? It feels great, right? It's important to me, too. Actually, it's even more important to me now. Please encourage me as much as you can!

Being a good parent isn't complicated. It just takes warmth, patience and affection. For more information about forming secure attachments, or early childhood play groups, contact Rockford Public Schools Early Childhood Program Prevention Initiative at (815) 967-8030.